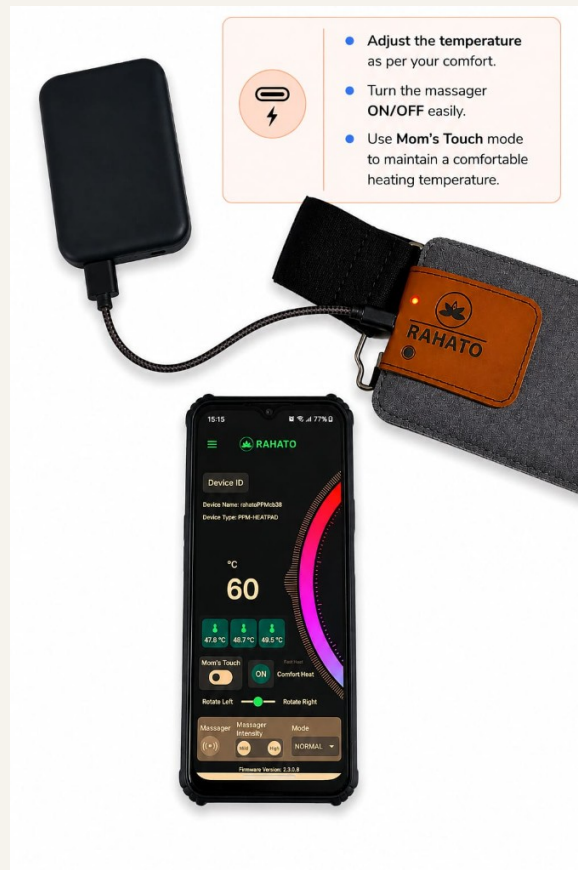


Rahato PPM

User Manual

Complete setup guide — power on, connect the mobile app, adjust heat & massage, and wear your belt comfortably.



rahato.com

14 steps · App + manual mode + belt guide · Made in India

Turn on & connect app

**Step 1****Connect power**

Plug the heating pad into a Type-C power bank or charger using the included USB cable.



Step 2

Check the indicator light

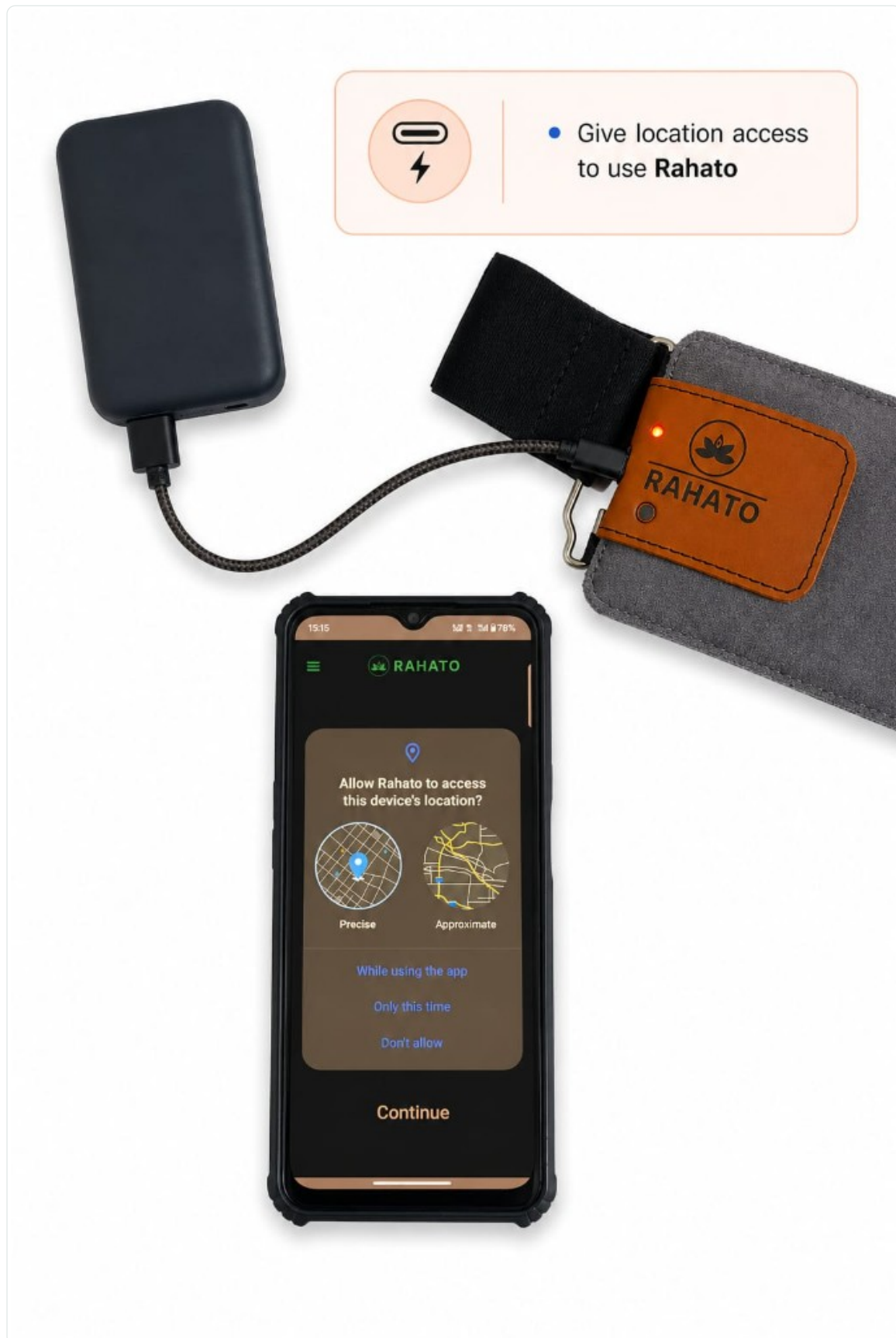
When connected correctly, the indicator light will glow on the leather patch — your device is ready.



Step 3

Install the Rahato app

Download Rahato from the Play Store (Android) or App Store (iOS) on your phone.

**Step 4****Allow location access**

When prompted, tap Allow so the app can discover your Rahato device nearby.

**Step 5****Allow Bluetooth access**

Enable Bluetooth when the app asks — this connects your phone to the heating pad.



Step 6

Connect your device

The app will scan for devices. Tap Connect next to your Rahato PPM to pair.



Step 7

Use the app controls

Comfort Mode — gentle steady warmth. Fast Mode — quicker heating. Super Fast Mode — heats in about 10 seconds. Mom's Touch — keeps a comfortable temperature. Massager — turn ON/OFF, then open Massager Mode to unlock all massage patterns.

Use without the app



Step 8

Manual button controls

Use the device without the app — only when the app is disconnected.

Check the LED first

- Blinking LED — app is not connected. Manual mode works.
- Steady glowing LED — app is connected. Disconnect the app first; manual mode will not work.

Change temperature

- Press and hold the manual button for 3-4 seconds, then release.
- Green LED = 40 C | Yellow LED = 50 C | Red LED = 60 C

Massager on / off

- Double tap the manual button — massager turns ON.
- Double tap again — massager turns OFF.

The heat mode you last set in the app (Comfort, Fast, or Super Fast) stays active after disconnect — manual controls work with that same mode.

Wear & adjust belt



- Now, we will add belt to the heating pad.



Step 9

Add the belt to the pad

Take the belt and the heating pad — you will connect them using the metal loops on each side.



Step 10

Left side adjustment areas

On the left side of the belt there are two sticking areas — use them to adjust length and fit.



● Attach to the **left side**.



Step 11

Attach to the left side

Thread the belt loop through the left metal ring on the heating pad and secure it.



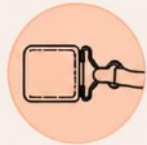
- On the right side of the belt, there are **three sticking areas** for flexibility.



Step 12

Right side adjustment areas

On the right side there are three sticking areas for extra flexibility — pick the one that fits best.



- Attach to the **right side**.



Step 13

Attach to the right side

Hook the belt to the right metal ring on the pad and fasten the Velcro for a snug fit.



Step 14

Ready to wear

Wrap the Rahato PPM comfortably around your waist and enjoy relief.